

POTTY TRACKER FOR THE MONTH OF



How to track?

Enter the alphabet corresponding to your kid's bowel movement under each date.



a Hard lumps



b Lumpy sausage



c Cracked sausage



d Smooth sausage



e Soft blobs



f Mushy blobs



g Liquid paste

01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Remarks _____

